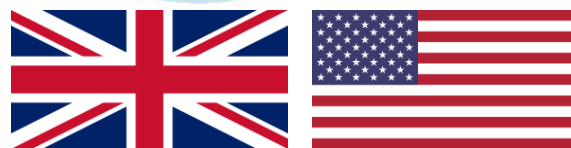


COOLSWIMMEETING

Cool Swim Meeting Organizing Committee
c/o Piscina Coperta Meranarena
Via Palade 78
39012 MERANO (BZ) - ITALY



COOL SWIM MEETING

Lido di Merano – Via Lido 38 – 39012 MERANO (BZ) - Italy

Friday 16th, Saturday 17th, Sunday 18th June 2023

50 x 25 m pool, 10 lanes, water temperature 27.5°C, depth 1.40 – 2.00 m

Track start starting blocks, backstroke start devices, electronic timing, one start rule

Admission: FIN, LEN, FINA members

RULES AND REGULATIONS

Admitted races for each athlete: 6

Relays: there will be just the “open” ranking – Each team is allowed to enter 1 relay per stroke (4 relays overall: 4x50 free M, 4x50 free W, 4x50 medley M, 4x50 medley W)

Entry fees: 7,50 € for individual races - 12,00 € for each relay

Individual award: medals for 1st, 2nd and 3rd from each male and female age group

Female	Age group	Male
2010-2009	Youth 1	2009-2008-2007
2008-2007	Youth 2	2006-2005
2010 and older	Open	2009 and older

The award ceremony for the „Open“ age group will take place immediately after the end of the 1st series of each race. The award ceremony for the “Youth 1” and “Youth 2” age groups will take place at the end of the fast series.

Scores: following points will be assigned according to the age-group results: 9 points for the 1st, 7 points for the 2nd, 6 points for the 3rd, 5 points for the 4th, 4 points for the 5th, 3 points for the 6th, 2 points for the 7th, 1 point for the

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8th, according to the rankings of the „Youth 1“, „Youth 2“ and „Open 2006“ (Female) and „Open 2004“ (Male) age groups. For the individual awards these two last age groups will be included into the „Open“ age groups.

Double points for the relays (open results: 18 points for the 1st, 14 points for the 2nd, 12 points for the 3rd, etc...).

Club award: the club which achieves the highest score will win the “Cool Swim Meeting Trophy”.

Iscrizioni: International clubs have to fill out the Lenex file available on www.coolswim.it and to send it to info@coolswim.it

Entry times have to be Long Course. Short Course times have to be adjusted by adding the times of following chart:

	Stile - Freistil - Free						Dorso - Rücken Back			Rana - Brust Breast			Delfino - Delphin Fly			Misti - Lagen Medley	
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400
Uomini Männlich Men	0,80"	1,75"	3,75"	8,50"	---	37,00"	1,45"	3,00"	6,40"	0,85"	2,60"	5,90"	0,50"	1,40"	3,75"	5,00"	11,60"
Donne Weiblich Women	0,70"	1,50"	3,30"	7,20"	14,80"	---	1,25"	2,60"	5,60"	0,70"	2,20"	4,90"	0,45"	1,35"	3,30"	4,50"	9,80"

Entry deadline: Friday 2nd June 2023

Races list

1st session – Friday 16.06.23

SLOW SERIES

- 12.30: Club's access
- 13.30: Warm up
- 15.00: Races start

#	Race		Series limit
1 - 2	50 free	F - M	-
3 - 4	100 breast	F - M	-
5 - 6	200 fly	F - M	4 - 4
7 - 8	50 back	F - M	-
9 - 10	400 free	F - M	3 - 3

FAST SERIES

- Approx. 17.45: Warm-up
- Approx. 18.30: Race start

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#	Race		Series
1 - 2	50 free	F - M	3 - 3
3 - 4	100 breast	F - M	3 - 3
5 - 6	200 fly	F - M	3 - 3
7 - 8	50 back	F - M	3 - 3
9 - 10	400 free	F - M	2 - 2

Opening ceremony

Skin race 50 free F e M (first 10 times: 10 → 8 → 6 → 4 → 2)

2nd session – Saturday 17.06.23

SLOW SERIES

- 7.30: Club's access
- 8.00: Warm up
- 9.30: Race start

#	Race		Series limit
11 - 12	200 free	F - M	10 - 10
13 - 14	50 fly	F - M	-
15 - 16	400 medley	F - M	4 - 4
17 - 18	4x50 medley	F - M	-

3rd session – Saturday 17.06.23

SLOW SERIES

- Warm-up at the end of the 2nd session
- Race start approx. 90 minutes after the end of the 2nd session

#	Race		Series limit
19 - 20	200 back	F - M	5 - 5
21 - 22	50 breast	F - M	-
23 - 24	1500 free	F - M	2 - 2
25 - 26	100 free	F - M	-

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FAST SERIES (2nd + 3rd session)

- Approx. 16.30: warm-up
- Approx. 17.15: race start

#	Race		Series
11 - 12	200 free	F - M	2 - 2
13 - 14	50 fly	F - M	2 - 2
15 - 16	400 medley	F - M	1 - 1
19 - 20	200 back	F - M	2 - 2
21 - 22	50 breast	F - M	2 - 2
23 - 24	1500 free	F - M	1 - 1
25 - 26	100 free	F - M	2 - 2

4th session – Sunday 18.06.23

SLOW SERIES

- 7.30: Club's access
- 8.00: Warm up
- 9.30: Race start

#	Race		Series limit
27 - 28	200 breast	F - M	4 - 4
29 - 30	100 back	F - M	-
31 - 32	100 fly	F - M	-
33 - 34	200 medley	F - M	5 - 5
35 - 36	800 free	F - M	3 - 3
37 - 38	4x50 free	F - M	-

FAST SERIES

- Warm-up at the end of the 4th session
- Race start approx. 90 minutes after the end of the 4^t session

#	Race		Series limit
27 - 28	200 breast	F - M	2 - 2
29 - 30	100 back	F - M	2 - 2
31 - 32	100 fly	F - M	2 - 2
33 - 34	200 medley	F - M	2 - 2
35 - 36	800 free	F - M	1 - 1

The coaches are kindly requested to send an e-mail to info@coolswim.it with their name, club and phone number, so that they will be part of the WhatsApp messaging group of the meeting, where all the logistics information, start list and results will be published.

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Race timing check and communication of eventual of not admitted athletes

After the closing of the entry procedure (Friday 02.06.2023), the race timing will be checked and afterwards the clubs will be informed about the not admitted athletes of the races with limited series.

Therefore the clubs will have the chance to enter the not admitted athlete into races with no limited access by sending an e-mail within a few days (the deadline will be published after Friday 02.06.2023). After this second deadline, the final start list will be published.

Absence communication – Relays (composition and entry times) – Final start list

The absence forms and the relays forms (with the entry times) have to be given to the “Meeting office” (location “A” on the map) within following times:

- Friday 16.06.23: 13.30
- Saturday 17.06.23: 8.00
- Sunday 18.06.23: 8.00

The forms can even be sent (readable!) through WhatsApp to the Meeting Director (+39 335 167 9490) always within the above times and then they have to be given to the “Meeting Office”.

The final start list with the series will be published 30 minutes before the beginning of the races.

Published times are always approximate and may change.

Prize money

- ✓ 1.000,00 € for the best female and male performances (FINA points)
- ✓ Skin off race (female and male) – 1st : 300,00 € - 2nd : 200,00 € - 3rd : 100,00 €
- ✓ Prize money for the new Cool Swim Meeting Records, according to the record table, which will be published before the beginning of the meeting

Tie for first: if more athletes tie for first and beat a meeting record, the prize money will be divided equally

50 freestyle record repeated in the skin-off race: if an athlete beats the 50 meters freestyle record at the fast series and then beats the new record again at the skin-off race, the athlete will win the prize money referred to the 50

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meters freestyle record and an additional prize money of 50,00 € will be added, referred to the record swim at the skin-off race

The Cool Swim Meeting Organizing Committee is not responsible in any way for any accidents before, during, and after the competition and throughout the organization of the meeting in general. It may be possible that the timetable schedule of the meeting will change due to force majeure. Anyway, The Cool Swim Meeting Organizing Committee will inform the club's representative in time.

